

THE PROFIT WORKBOOK SERIES · NO. 06

Printful Pricing Guide

How to price Printful products for sustainable profit — cost by cost, product by product.

Printful Costs

Shipping

Profit Margins

Pricing Formulas

Product Examples

Free Shipping

Bundling

Premium Pricing

Common Mistakes

A premium pricing guide for **Printful sellers**
9 sections · worksheets · calculators · benchmarks · checklist

Examples: tees, hoodies,
mugs, totes & posters

What's inside

A complete pricing system for Printful sellers — nine focused sections with fill-in worksheets, benchmark tables, pricing calculators, and worked examples for five core products, plus a reusable pricing worksheet and a profitability checklist. Read it in order, or jump to what you need.

THE GUIDE

1	Understanding Printful Costs	Base cost is only the beginning	3
2	Shipping Costs	The cost that quietly decides your margin	5
3	Profit Margins	What healthy looks like in print-on-demand	7
4	Pricing Formulas	Two formulas that price anything	9
5	Product-Specific Pricing Examples	Tees, hoodies, mugs, totes & posters	11
6	Free Shipping Strategy	Making 'free' pay for itself	13
7	Bundling Strategy	Lift order value & save on shipping	14
8	Premium Pricing Strategy	Earn more than the 2x rule	16
9	Common Pricing Mistakes	Eight ways sellers lose money	18

WORKSHEETS & TOOLS

•	Pricing Decision Worksheet	Price any product in six steps	19
•	Profitability Checklist	Every pricing safeguard in one list	20



How to use this guide

Have your Printful base costs and shipping rates handy. Each section ends with a worksheet or calculator — fill them in as you go. Every example follows one shop (Trailhead Goods Co.) across tees, hoodies, mugs, totes, and posters, so you can see each idea applied before pricing your own.

1 Understanding Printful Costs

With Printful there's no inventory and no upfront spend — but that convenience hides a trap: your costs are charged **per order**, the moment a sale happens. Price as if the base cost is your only cost and you'll watch 'sales' arrive while your profit quietly disappears. Sustainable pricing starts with seeing **every** cost in a single sale.

The four costs in every Printful sale

COST	WHAT IT IS	CHARGED...
Product base cost	Printful's fulfillment price for the blank + printing	Per item, at order time
Shipping	What Printful charges you to ship the item	Per order (first + additional-item rates)
Platform & payment fees	Marketplace listing/transaction + card processing	% of the retail price
Marketing / other	Ads, discounts, samples, returns	Varies — easy to forget

! The base-cost trap

A \$11.95 t-shirt blank feels like your cost — so a \$19.99 price 'feels' like \$8 profit. Add \$4.69 shipping and ~\$1 in fees and the real profit is closer to \$2.36. That's the gap this guide closes.

The print-on-demand profit equation

CORE Profit = Retail Price – Base Cost – Shipping – Platform & Payment Fees – Marketing

Every strategy in this guide moves one piece of that equation: lower a cost, raise the retail price with confidence, or add value so customers happily pay more. We'll follow one brand throughout so the math stays real.

📺 Meet our example brand

Trailhead Goods Co. — a small outdoor-themed print-on-demand shop selling tees, hoodies, mugs, tote bags, and posters. We'll price every one of its products and pressure-test the numbers.

Worksheet 1.1 — Map one product’s true cost

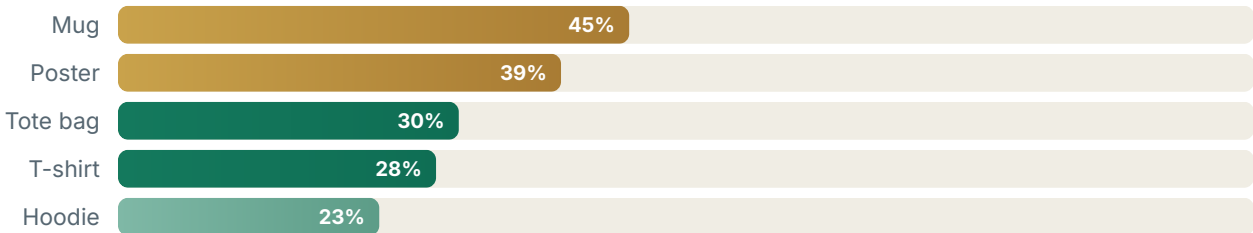
PICK ONE PRODUCT YOU SELL		
Printful base cost From your Printful product page		\$
Shipping cost First-item rate to your main market	+	\$
Platform + payment fees Estimate as % of price → \$	+	\$
= True cost per sale	=	\$

2 THE HIDDEN LEVER Shipping Costs

In print-on-demand, shipping is rarely an afterthought — it's often **20–40% of your total cost**. For a cheap item like a mug, shipping can cost almost as much as the product itself. Get shipping wrong and even a 'good' markup turns into a loss.

Shipping is a bigger share than you think

Here's shipping as a percentage of total cost for Trailhead's products (illustrative US rates):



i Why this matters for pricing

Cheaper, lighter, or oddly-shaped items (mugs, posters) carry proportionally higher shipping. That's why a flat '2× the base cost' rule underprices them — they need a bigger multiplier to stay profitable.

First item vs additional items

Printful charges a higher rate for the first item in an order and a lower rate for each additional item of the same type. This single fact is the foundation of the bundling strategy in Section 7.

EXAMPLE (ILLUSTRATIVE)	FIRST ITEM	EACH ADDITIONAL
T-shirt	\$4.69	\$2.20
Hoodie	\$7.49	\$3.30
Mug	\$6.49	\$4.99

Three ways to handle shipping

APPROACH	WHAT THE CUSTOMER SEES	BEST WHEN...
Charge it separately	Product price + shipping at checkout	You want the lowest sticker price
Build it into the price	Higher price, "free shipping"	Most sellers — see Section 6
Free over a threshold	Free shipping above \$X	You want to lift order value

Worksheet 2.1 — Shipping reality check

FOR YOUR TOP PRODUCT	
First-item shipping cost	\$
Additional-item shipping cost	\$
Total cost (base + first-item ship)	= \$
Shipping as % of total cost	%

3 Profit Margins

Print-on-demand margins are naturally tighter than traditional retail — the base cost is high because someone else holds the inventory and prints on demand. So the goal isn't a 70% margin; it's a **healthy, defensible** one that survives fees, the odd discount, and ad spend. Here's the benchmark to price against.

Under 20%	Thin	Fragile. One discount, fee increase, or ad campaign can erase it. Reprice before scaling.
20–29%	Workable	Sustainable if you control costs and don't discount heavily. A solid starting point.
30–39%	Healthy	The target band for most POD products. Room for promotions and some paid traffic.
40%+	Strong	Premium territory — earned with strong brand, niche designs, and bundles (Sections 7–8).

i Where Trailhead lands

Priced with the formulas in Section 4, every Trailhead product sits in the **30–33% Healthy band** — profitable, with margin to run a sale or test ads. Sections 7–8 show how to push the best sellers toward Strong.

Margin vs profit per sale — watch both

A high margin on a cheap item can still mean tiny dollars. A hoodie at 30% margin earns far more per sale than a mug at 32%. Track the percentage and the dollars.

32%

Mug margin · \$7.40/sale

30%

Hoodie margin · \$15.05/sale

2×

Hoodie profit per sale

📺 The discount math

At a 30% margin, a 20%-off coupon doesn't cut profit by 20% — it cuts it by roughly two-thirds. Thin-margin products and aggressive discounts are a dangerous pair. Build discount room into the price before you run the sale.

Worksheet 3.1 — Grade your current prices

LIST 3 PRODUCTS & THEIR MARGINS	
Product 1 margin Profit ÷ retail price	%
Product 2 margin	%
Product 3 margin	%
Which band? (Thin / Workable / Healthy / Strong)	

Pricing Formulas

You don't need a spreadsheet to price well — you need two formulas. The first gives a fast starting price; the second confirms it actually hits your target margin. Use them together for every product.

Formula 1 — The quick multiplier

A reliable starting point in print-on-demand: multiply your total cost (base + shipping) by 1.6–2×, or the base cost alone by roughly 2–2.5×. Cheaper, high-shipping items need the higher end.

QUICK Starting Retail = (Base Cost + Shipping) × 1.6 to 2.0

2.0×

Hoodies & higher-cost items

2.3×

T-shirts & totes

2.6×

Posters

2.9×

Mugs & low-cost items

Multipliers shown are on the base cost; they rise for cheaper items because shipping is a bigger share.

Formula 2 — Price to a target margin

The multiplier gets you close; this formula locks in the exact margin you want after every cost.

EXACT Retail = (Base Cost + Shipping) ÷ (1 – Target Margin % – Fee %)

Example — Trailhead t-shirt, targeting a 33% margin with 5% fees: $(\$11.95 + \$4.69) \div (1 - 0.33 - 0.05) = \$16.64 \div 0.62 = \textbf{\$26.84}$, rounded to a confident **\$26.99**.

Markup is not margin

A 100% markup is only a 50% margin; a 50% markup is just 33%. Always state your target as a margin (share of the selling price) so fees and shipping don't quietly eat the number you thought you set.

Finish with psychological pricing

Round to a charm price — \$26.99 or \$27, not \$26.84. Prices ending in .99 or .95 read as better value, and a clean whole number can signal premium. Never round down past your target-margin price.

Calculator 4.1 — Price-to-margin worksheet

PER PRODUCT	
Base cost + shipping Your total cost	\$
Target margin	%
Fee %	%
= Formula price (cost ÷ (1 – margin – fee))	= \$
Rounded charm price e.g. .99 / .95	

5

Product-Specific Pricing Examples

Here are Trailhead's five core products, each priced with the formulas from Section 4 — shipping absorbed into the price (free shipping for the customer), 5% platform & payment fees, landing in the Healthy margin band. Use these as templates for your own catalog.

T-Shirt

Unisex staple tee

Printful base cost	\$11.95
Shipping (absorbed)	\$4.69
Platform + payment fees (5%)	\$1.35
Total cost per sale	\$17.99

SUGGESTED RETAIL

\$26.99Profit / sale **\$9.00**Margin **33%**

Hoodie

Premium pullover

Printful base cost	\$24.95
Shipping (absorbed)	\$7.49
Platform + payment fees (5%)	\$2.50
Total cost per sale	\$34.94

SUGGESTED RETAIL

\$49.99Profit / sale **\$15.05**Margin **30%**

Mug

11oz ceramic

Printful base cost	\$7.95
Shipping (absorbed)	\$6.49
Platform + payment fees (5%)	\$1.15
Total cost per sale	\$15.59

SUGGESTED RETAIL

\$22.99Profit / sale **\$7.40**Margin **32%**

Tote Bag

Cotton shopper

Printful base cost	\$10.95
Shipping (absorbed)	\$4.69
Platform + payment fees (5%)	\$1.25
Total cost per sale	\$16.89

SUGGESTED RETAIL

\$24.99Profit / sale **\$8.10**Margin **32%**

Poster		12×18 matte print	
Printful base cost	\$9.50	SUGGESTED RETAIL \$24.99 Profit / sale\$8.25 Margin33%	
Shipping (absorbed)	\$5.99		
Platform + payment fees (5%)	\$1.25		
Total cost per sale	\$16.74		

i **Read the pattern**

Notice the mug and poster — cheap products with heavy shipping — need a higher multiple than the hoodie to reach the same margin band. Pricing every item at a flat 2× would leave the mug barely profitable. Always price to the margin, not a fixed multiplier.

Worksheet 5.1 — Build your own product card

ONE ROW PER PRODUCT		
Base cost		\$
Shipping	+	\$
Fees (% of retail)	+	\$
= Total cost per sale	=	\$
Your retail price		\$
Profit per sale & margin %		\$

6 Free Shipping Strategy

“Free shipping” is one of the strongest conversion boosters in e-commerce — surprise shipping costs at checkout are a top reason carts are abandoned. The catch in print-on-demand: shipping is never actually free to you. The strategy is to **build it into the price** so the customer feels the win and your margin stays intact.

Absorb it — the right way

Trailhead’s prices already include shipping (that’s why the t-shirt is \$26.99, not \$22.99 + shipping). The customer sees one clean “free shipping” price; the seller has already covered the \$4.69.

Shipping charged separately		Free shipping (built in)	
Sticker price	\$22.99	Price with shipping included	\$26.99
+ Shipping at checkout	\$4.69	Shipping at checkout	\$0.00
Cart surprise	Higher abandonment	Cart experience	Clean & trusted
Customer pays	\$27.68	Customer pays	\$26.99

i The quiet win

Built-in free shipping often lowers the total the customer pays **and** converts better — because the price is set with intent instead of a tacked-on fee. You protect margin and the buyer feels they got a deal.

Free shipping over a threshold

If you’d rather not raise every price, set free shipping above a threshold near **1.3–1.5× your average order value**. It nudges buyers to add a second item — whose additional-item shipping is cheaper (Section 2) — so the extra product margin more than covers the giveaway.

Worksheet 6.1 — Free shipping planner

CHOOSE YOUR APPROACH	
Average shipping cost per order	\$
Amount to add to each price If absorbing shipping	\$
Average order value (AOV)	\$
Free-shipping threshold (AOV × 1.4)	\$

7 Bundling Strategy

Bundling is the print-on-demand profit multiplier hiding in plain sight. It raises the order value, spreads fixed costs across more items, and — because Printful charges **less for each additional item** — actually lowers your shipping cost per unit. More profit and a better deal for the customer.

The additional-item shipping advantage

Two t-shirts bought separately cost two first-item shipping fees. Bought together, the second ships at the cheaper additional-item rate — pure saved margin.

Two tees, separate orders		Two tees, one bundle	
Shipping order 1	\$4.69	First item	\$4.69
Shipping order 2	\$4.69	Additional item	\$2.20
Total shipping	\$9.38	Total shipping	\$6.89 · save \$2.49

Bundle ideas that work

BUNDLE	WHY IT SELLS	EFFECT
Tee + matching mug	Gift-ready, themed set	Higher AOV & perceived value
Two-tee “his & hers”	Same design, saves shipping	Lower per-unit cost
Hoodie + tote starter set	Premium anchor + add-on	Bigger ticket, better margin
Poster 3-pack	Collection / wall set	Cheap additional-item shipping

Price the bundle for value

Discount the bundle slightly versus buying separately (customers expect it) — but because you saved on shipping and fees, your profit per order still rises. A 10% bundle discount funded by shipping savings is a win for both sides.

Worksheet 7.1 — Bundle profit builder

DESIGN ONE BUNDLE		
Item 1 cost (base + first-item ship)		\$
Item 2 cost (base + additional-item ship)	+	\$
= Total bundle cost	=	\$
Bundle retail price		\$
Bundle profit & margin		\$

8 Premium Pricing Strategy

The 2× rule keeps you safe; premium positioning makes you money. Customers don't buy a blank t-shirt — they buy a design, a niche identity, and a brand they trust. When those are strong, price becomes a signal of quality, and a higher price can actually increase desire.

In print-on-demand, your competitors share your blanks. Your brand and designs are the only things they can't copy — so that's where the margin lives.

What justifies a premium price

LEVER	HOW IT RAISES PERCEIVED VALUE
Niche specificity	"For trail runners in the Pacific Northwest" beats "outdoor tee"
Original, on-brand designs	Unique art can't be price-compared to a generic listing
Strong photos & mockups	Lifestyle imagery signals quality before the product arrives
Premium blanks	Choosing better garments (and saying so) supports a higher price
Brand story & reviews	Trust reduces price sensitivity

i Premium in numbers

Lift Trailhead's hero tee from \$26.99 to \$32 with stronger design and photography. Costs don't change, so profit jumps from \$9.00 to ~\$13.41 per sale — margin climbs from 33% into the **Strong 40%+ band**. Same shirt, better positioning.

\$26.99 → \$32

Premium reposition

+\$4.41

Added profit per sale

33% → 42%

Margin band: Strong

▶ Test, don't guess

Raise price on your best-selling design first and watch conversion for two weeks. If sales hold, the market accepted the new value — roll it out. Premium pricing is a series of small, measured steps, not one big leap.

Worksheet 8.1 — Premium pricing test

PICK YOUR BEST SELLER	
Current price & profit per sale	\$
Test price (+15–20%)	\$
New profit per sale at test price	\$
Conversion after 2 weeks (hold / drop?)	

AVOID THESE



Common Pricing Mistakes

Most print-on-demand stores don't fail on traffic — they fail on math. These eight mistakes are the ones that turn busy shops into break-even (or worse) shops. Each has a one-line fix.

1 Pricing on base cost only

Forgetting shipping and fees is the #1 POD mistake. **Fix:** always price on total cost — base + shipping + fees (Section 4).

2 Using one multiplier for everything

A flat 2x underprices mugs and posters. **Fix:** price each product to a target margin, not a fixed multiple.

3 Racing competitors to the bottom

You all share the same blanks — a price war shrinks everyone's margin. **Fix:** compete on design, niche, and brand (Section 8).

4 Offering free shipping without pricing it in

"Free" shipping you absorb at a loss. **Fix:** build the shipping cost into the retail price first (Section 6).

5 Discounting thin margins

A 20% coupon on a 25% margin nearly wipes out profit. **Fix:** set prices with discount room built in before promoting.

6 Ignoring marketplace & payment fees

Etsy, Shopify, and processors all take a cut. **Fix:** include a realistic fee % in every price calculation.

7 Forgetting ad costs

Paid traffic must come out of margin, not on top of it. **Fix:** if you run ads, price for a margin that can fund customer acquisition.

8 Never revisiting prices

Printful costs and shipping rates change. **Fix:** re-check your prices and margins every quarter (use the checklist).

i The compounding cost

Combine just three of these — base-only pricing, a flat multiplier, and an un-funded coupon — and a product that looks like 30% margin can deliver under 10% in reality. Fixing the math is faster and cheaper than finding more traffic.



PUT IT TOGETHER

Pricing Decision Worksheet

A repeatable, six-step worksheet to price **any** Printful product with confidence. Photocopy this page and run it for every new design before you publish. It combines every formula and strategy in this guide.

Step 1-3 — Find your true cost

COSTS		
Printful base cost From the product page		\$
Shipping (first item, main market)	+	\$
= Landed cost	=	\$
Platform + payment fee %		%

Step 4-5 — Set the price

PRICE TO TARGET MARGIN		
Target margin (aim 30%+)		%
= Formula price cost ÷ (1 – margin – fee)	=	\$
Rounded charm price e.g. \$26.99		

Step 6 — Apply a strategy

DECIDE & CHECK	
Free shipping? Build it into the price Yes / No	
Bundle opportunity? Pair with which product?	
Premium positioning? Can design/brand justify more?	
Final profit per sale & margin band	\$



One product, five minutes

Run every new design through these six steps before it goes live. Pricing after launch — once customers anchor to a number — is far harder than pricing right the first time.



Profitability Checklist

Every safeguard in this guide, in one printable list. Run it before launching a product and again each quarter — Printful costs, shipping rates, and platform fees all drift over time.

1 Know every cost

- ☐ I price on base + shipping + fees, not base alone
- ☐ I know my shipping cost per product
- ☐ I include realistic platform & payment fees
- ☐ I account for ad costs if I run them

2 Set the price right

- ☐ Each product is priced to a target **margin**
- ☐ I use a higher multiplier on cheap/heavy items
- ☐ Margins land in the Healthy 30%+ band
- ☐ Prices end in charm numbers (.99 / .95)

3 Shipping

- ☐ Free shipping is built into the price
- ☐ I know my first vs additional-item rates
- ☐ Any free-ship threshold sits above my cost

4 Grow the margin

- ☐ I offer at least one bundle
- ☐ Bundles use additional-item shipping savings
- ☐ My best sellers are tested at premium prices
- ☐ I compete on design & brand, not price

5 Protect the margin

- ☐ Discounts have room built into the price
- ☐ I don't price-match a race to the bottom
- ☐ Thin-margin items aren't deeply discounted

6 Review

- ☐ I re-check Printful costs each quarter
- ☐ I re-check shipping rates each quarter
- ☐ I recalculate margins after any cost change
- ☐ I revisit prices on my top products

Price with intent, not hope

The sellers who last aren't the cheapest — they're the ones who know their numbers cold and price every product for sustainable profit. Run this checklist on every launch, and let your margin, not just your sales, be the number you watch.

S SimpleLifeCalc · The Profit Workbook Series · Price for profit, sell with confidence

Printful base costs, shipping rates, plan discounts, and platform/payment fees are illustrative, vary by product, variant, and region, and change over time. Always confirm your own current costs in your Printful and selling-platform dashboards before setting prices. This guide is educational and not financial advice.